

San Francisco/Bay Area LifeRing Meetings

6/15/2018

For additions or changes, please contact the LifeRing Service Center at 1-800-811-4142 or service@lifering.org

LifeRing SF Face-to-Face Meetings, Sorted by County

County: Alameda

Livermore **Monday 6:00pm** **Unitarian Universalist Church** 92

Address: 1893 N.Vasco Rd., Livermore, CA 94551

Building/Room:

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Geoffrey L.

Phone: 415-845-3799

Email: geoff.lane.phd@gmail.com

Contact:

Phone:

Email:

Union City **Monday 7:00pm** **Kaiser Medical Building** 166

Address: 3551 Whipple Rd., Union City, CA 94587

Building/Room: Building B, 3rd Floor, Rooms A & B

Focus: How Was Your Week?

Note: Does not meet if Kaiser is closed.

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Chris H.

Phone:

Email: cshappraisals@gmail.com

Contact:

Phone:

Email:

Berkeley **Monday 8:00pm** **Herrick Hospital** 28

Address: 2001 Dwight Way, Berkeley, CA 94704

Building/Room: Basement Level A

Focus: How Was Your Week?

Note: Follow signs

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Bill C.

Phone: 510.548.9111

Email: andreegraham@yahoo.com

Contact:

Phone:

Email:

San Leandro **Tuesday 6:15pm** **Kaiser Hospital** 75

Address: 2500 Merced St., San Leandro, CA 94577

Building/Room: Room A-13, first floor

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Craig O.

Phone: 510-517-3345

Email: bigox54@sbcglobal.net

Contact:

Phone:

Email:

Oakland **Tuesday 6:45pm** **Kaiser CDRP** 23

Address: 969 Broadway, Oakland, CA 94607

Building/Room: Group Room 3

Focus: How Was Your Week?

Note: Does not meet if Kaiser is closed

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: D. Woodsum

Phone:

Email: woodsumconstructioninc@gmail.com

Contact:

Phone:

Email:

Oakland	Tuesday 8:30pm	MPI	119
<i>Address:</i> 3100 Summit St., Oakland, CA 94609			
<i>Building/Room:</i> 5th Floor, Rm 4			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Liisa P.	<i>Phone:</i>	<i>Email:</i> liisapine@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Alameda	Wednesday 6:30pm	Home of Truth Spiritual Center	241
<i>Address:</i> 1300 Grand St, Alameda, CA 94501			
<i>Building/Room:</i> Upstairs			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Gary B	<i>Phone:</i> no phone number	<i>Email:</i> lfrngary@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Hayward	Thursday 12:30pm	Aldon Oliver Sports Park	151
<i>Address:</i> 2580 Eden Park Pl, Hayward, CA 94587			
<i>Building/Room:</i> park benches by the ticket office near the main parking lot			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Greg S.	<i>Phone:</i>	<i>Email:</i> starke49@pacbell.net	
<i>Contact:</i> Jacqueline R.	<i>Phone:</i>	<i>Email:</i> jaykr@att.net	
Oakland	Thursday 6:45pm	Kaiser CDRP	104
<i>Address:</i> 969 Broadway, Oakland, CA 94607			
<i>Building/Room:</i> Group Room 9			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Does not meet if Kaiser is closed			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Marilyn K.	<i>Phone:</i>	<i>Email:</i> service@lifering.org	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Berkeley	Thursday 7:30pm	Herrick Hospital	129
<i>Address:</i> 2001 Dwight Way, Berkeley, CA 94704			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Paul A.	<i>Phone:</i>	<i>Email:</i> eastbay.pda@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	

Union City	Friday 6:00pm	Kaiser Medical Building	212
<i>Address:</i> 3551 Whipple Rd, Union City, CA 94587			
<i>Building/Room:</i> Building B, Third Floor, Room 3D or Room 3C			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Does not meet if Kaiser is closed			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Tim B.	<i>Phone:</i>	<i>Email:</i> timothybliss@comcast.net	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Oakland	Saturday 10:00am	Kaiser CDRP	82
<i>Address:</i> 969 Broadway, Oakland, CA 94607			
<i>Building/Room:</i> Group Room 7			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Does not meet if Kaiser is closed			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Patrick K	<i>Phone:</i>	<i>Email:</i> me@patrickkelleher.me	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Dublin	Saturday 11:00am	John Knox Presbyterian Church	199
<i>Address:</i> 7421 Amarillo Rd., Dublin, CA 94568			
<i>Building/Room:</i> Look for signs			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google Map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Dru B.	<i>Phone:</i>	<i>Email:</i> dru.boyd@yahoo.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Hayward	Saturday 5:00pm	New Bridges Outreach Center	64
<i>Address:</i> 27287 Patrick Ave, Hayward, CA 94544			
<i>Building/Room:</i> 2nd Floor			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Chris H.	<i>Phone:</i>	<i>Email:</i> cshappraisals@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
San Leandro	Saturday 9:30am	All Saint's Episcopal Church	250
<i>Address:</i> 911 Dowling Boulevard, San Leandro, CA 94577			
<i>Building/Room:</i> Fireside Room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> John O	<i>Phone:</i> (510) 357-5273	<i>Email:</i> maddogclc@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	

LifeRing SF Face-to-Face Meetings, Sorted by County

Oakland **Sunday 11:00am** **Kaiser Hospital** 156

Address: 3600 Broadway, Oakland, CA 94611

Building/Room: Room at (lower lever) LL HH-2

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: John A.

Phone:

Email: jra8300@sbcglobal.net

Contact:

Phone:

Email:

Hayward **Sunday 5:00pm** **New Bridges Outreach Center** 446

Address: 27287 Patrick Ave, Hayward, CA 94544

Building/Room: 2nd Floor

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Don S

Phone: 510-331-5629

Email: arthurdonaldsalazar53@gmail.com

Contact:

Phone:

Email:

County: Contra Costa

Antioch **Monday 11:00am** **Kaiser CDRP** 330

Address: 3454 Hillcrest Ave., Antioch, CA 94531

Building/Room: Rm 2A

Focus: How Was Your Week?

Note: Does not meet if Kaiser is closed

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Bob D.

Phone: 925.301.3277

Email: bob00driskell@gmail.com

Contact:

Phone:

Email:

Walnut Creek **Tuesday 7:30pm** **Kaiser Medical Center** 160

Address: 1425 S. Main St, Walnut Creek, CA 94596

Building/Room: MAPLE CONFERENCE ROOM

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Rick M.

Phone:

Email: mcpeakrs@comcast.net

Contact:

Phone:

Email:

Walnut Creek **Wednesday 12:15pm** **Kaiser Medical Center** 329

Address: 710 South Broadway, Walnut Creek, CA 94596

Building/Room: Room 3-C

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Laura M

Phone: 925.699.5566

Email: mosleyldance@yahoo.com

Contact:

Phone:

Email:

Martinez **Wednesday 7:00pm** **Veteran's Hospital** 251*Address:* 150 Muir Road, Martinez, CA 94553*Building/Room:* conf. rm in Bldg 20*Focus:* How Was Your Week?*Note:**Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://liferingsf.org/>*Contact:* Dennis M*Phone:* 925.768.0049*Email:* d5n@aol.com*Contact:**Phone:**Email:***Concord** **Thursday 7:00pm** **Center for Recovery** 264*Address:* 2740 Grant Street, Concord, CA 94520*Building/Room:* Medical Pavilion, Suit 3*Focus:* How Was Your Week?*Note:**Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://liferingsf.org/>*Contact:* Kathy L*Phone:* 925-256-1850*Email:* kthrn_lennon@yahoo.com*Contact:**Phone:**Email:***Walnut Creek** **Thursday 7:30pm** **Mt. Diablo UU Church** 198*Address:* 55 Eckley Lane, Walnut Creek, CA 94596*Building/Room:* Oak Room*Focus:* How Was Your Week?*Note:**Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://liferingsf.org/>*Contact:* Arnold P.*Phone:**Email:* arnoldpustilnik@yahoo.com*Contact:**Phone:**Email:***Walnut Creek** **Friday 12:15pm** **Kaiser Medical Center** 399*Address:* 710 South Broadway, Walnut Creek, CA 94596*Building/Room:* Room 3-E*Focus:* How Was Your Week?*Note:**Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://liferingsf.org/>*Contact:* Laura M.*Phone:* 925.699.5566*Email:* mosleydance@yahoo.com*Contact:**Phone:**Email:***County: Marin****San Rafael** **Monday 7:30pm** **Bayside Marin** 172*Address:* 718 4th St., San Rafael, CA 94901*Building/Room:* Meeting Room*Focus:* How Was Your Week?*Note:**Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://liferingsf.org/>*Contact:* Bryan C.*Phone:* 415.450.5376*Email:* bcca@chevron.com*Contact:**Phone:**Email:*

San Rafael	Wednesday 6:15pm	San Rafael Kaiser CDU	134
<i>Address:</i> 111 Smith Ranch Rd., San Rafael, CA 94903			
<i>Building/Room:</i> Yosemite Room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Look for sign			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Steve B.	<i>Phone:</i> (415) 320-2181	<i>Email:</i> sberkley@me.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Mill Valley	Thursday 6:15pm	Recovery Without Walls	162
<i>Address:</i> 3 Madrona Street, Mill Valley, CA 94941			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Corner of Madrona Street @ Throckmorton Ave			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Coby S.	<i>Phone:</i> 415-747-5709	<i>Email:</i> cobysmolens@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
San Rafael	Friday 6:30pm	San Rafael Kaiser CDU	315
<i>Address:</i> 111 Smith Ranch Rd., San Rafael, CA 94903			
<i>Building/Room:</i> Yosemite Room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Look for sign			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Coby S.	<i>Phone:</i> 415-747-5709	<i>Email:</i> cobysmolens@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
County: San Francisco			
San Francisco	Monday 7:15pm	Kaiser CDRP	70
<i>Address:</i> 1201 Fillmore St, San Francisco, CA 94115			
<i>Building/Room:</i> Room 5			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> We do not meet on holidays			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Jim V.	<i>Phone:</i> 415.515.0321	<i>Email:</i> jimvanover@sbcglobal.net	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
San Francisco	Tuesday 1:00pm	Kaiser CDRP	90
<i>Address:</i> 1201 Fillmore St., San Francisco, CA 94115			
<i>Building/Room:</i> Room 8			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> We do not meet on holidays			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Jim V.	<i>Phone:</i> 415.515.0321	<i>Email:</i> jimvanover@sbcglobal.net	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	

San Francisco **Wednesday 12:15pm** **SF VAMC** 339*Address:* 4150 Clement St, San Francisco, CA 94121*Building/Room:* Bldg 203, Rm GA-48*Focus:* How Was Your Week?*Note:* Open to military, active or retired only*Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://liferingsf.org/>*Contact:* Tonisa C.*Phone:* 806.290.1293*Email:* tclardy2002@gmail.com*Contact:**Phone:**Email:***San Francisco** **Friday 6:00pm** **Women's Building** 372*Address:* 3543 18th St, San Francisco, CA 94110*Building/Room:* Room B*Focus:* Workbook Meeting*Note:* between Valencia and Guerrero*Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://liferingsf.org/>*Contact:* David H.*Phone:* (415) 651-4558*Email:* davidh.lifering@gmail.com*Contact:**Phone:**Email:***San Francisco** **Saturday 10:00am** **San Francisco LGBT Community Center** 207*Address:* 1800 Market Street, San Francisco, CA 94102*Building/Room:* Room 203, 2nd Floor*Focus:* How Was Your Week?*Note:**Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://liferingsf.org/>*Contact:* Monica F*Phone:**Email:* monica@pacetua.com*Contact:**Phone:**Email:***San Francisco** **Sunday 10:00am** **Sessions (the former Alano Club)** 331*Address:* 1748 Market St., Ste 202, San Francisco, CA 94102*Building/Room:* Room 1*Focus:* How Was Your Week?*Note:**Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://liferingsf.org/>*Contact:**Phone:**Email:**Contact:**Phone:**Email:***County: San Mateo****Burlingame** **Monday 7:00pm** **Mills-Peninsula Hospital** 85*Address:* 1501 Trousdale Dr., Burlingame, CA 94010*Building/Room:* Bldg B, 1st floor, Rm D*Focus:* How Was Your Week?*Note:**Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://liferingsf.org/>*Contact:* Mary Beth*Phone:**Email:* marybeth@lifering.org*Contact:**Phone:**Email:*

LifeRing SF Face-to-Face Meetings, Sorted by County

Pacifica **Wednesday 6:00pm** **Pacifica Resource Center** 4

Address: 1809 Palmetto Ave., Pacifica, CA 94044

Building/Room:

Focus: How Was Your Week?

Note: Closed on the major holidays

Map: [Click here for a Google Map](#) *Local LifeRing Website:* <https://twitter.com/lifering94044>

Contact: Corrinne E. *Phone:* *Email:* liferingcorrinnepacifica@gmail.com

Contact: *Phone:* *Email:*

San Bruno **Thursday 12:00pm** **San Bruno VA Clinic** 328

Address: 1001 Sneath Lane, San Bruno, CA 94066

Building/Room: V.A. Clinic, 3rd Floor

Focus: How Was Your Week?

Note: 1 hour meeting

Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>

Contact: Edward G. *Phone:* 415-468-4814 *Email:* emg1946@comcast.net

Contact: *Phone:* *Email:*

San Mateo **Saturday 12:00pm** **Mills Peninsula Health Services** 232

Address: 100 S. San Mateo Dr, San Mateo, CA 94401

Building/Room: 4th floor Millennium Room

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>

Contact: Betsy Y. *Phone:* 650.576.9316 *Email:* betsyawn@aol.com

Contact: *Phone:* *Email:*

County: Santa Clara

San Jose **Monday 7:30pm** **Kaiser** 214

Address: 5755 Cottle Rd., San Jose, CA 95123

Building/Room: Building #23, Room #3

Focus: How Was Your Week with introduction to LifeRing included

Note:

Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>

Contact: Rob A. *Phone:* 831-212-0297 *Email:* liferingsj@gmail.com

Contact: *Phone:* *Email:*

San Jose **Tuesday 7:30pm** **Humanist House** 179

Address: 1180 Coleman Ave, San Jose, CA 95110

Building/Room:

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>

Contact: Byron K. *Phone:* 925-922-3553 *Email:* byron@lifering.org

Contact: *Phone:* *Email:*

San Jose	Friday 7:30pm	Christ the Good Shepherd Church	72
<i>Address:</i> 1550 Meridian Ave., San Jose, CA 95125			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Byron K.	<i>Phone:</i> 925-922-3553	<i>Email:</i> byron@lifering.org	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	

County: Solano

Vacaville	Monday 7:00pm	Kaiser Hospital	358
<i>Address:</i> 1 Quality Dr, Vacaville, CA 95688			
<i>Building/Room:</i> Bldg A, 1st Floor			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> behind Peets Coffee			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Darlene B.	<i>Phone:</i> 707.392-8056	<i>Email:</i> lrvacaville@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	

Benicia	Tuesday 7:00pm	First Baptist Church of Benicia	289
<i>Address:</i> 1055 Southampton Rd, Benicia, CA 94510			
<i>Building/Room:</i> Meeting Room D			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Look for sign			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> George K.	<i>Phone:</i> 805-220-8328	<i>Email:</i> denkst@gmail.com	
<i>Contact:</i> Greg C.	<i>Phone:</i> 707-771-0490	<i>Email:</i> gsc Cox@pacbell.net	

Vacaville	Thursday 12:15pm	Kaiser Hospital	180
<i>Address:</i> 1 Quality Dr, Vacaville, CA 95688			
<i>Building/Room:</i> Meet in the waiting area prior to getting a meeting room			
<i>Focus:</i> Women's only meeting			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Valerie R.	<i>Phone:</i>	<i>Email:</i> 52valerie52@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	

Vacaville	Thursday 7:00pm	Kaiser Hospital	293
<i>Address:</i> 1 Quality Dr, Vacaville, CA 95688			
<i>Building/Room:</i> Bldg A, 1st Floor			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> behind Peets Coffee			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Brian P.	<i>Phone:</i> 707.689.8036	<i>Email:</i> lrvacaville@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	

Vallejo

Friday 12:00pm

Kaiser CDRP

127

Address: 800 Sereno Dr., Vallejo, CA 94589

Building/Room:

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Terry H.

Phone:

Email: terryghill@att.net

Contact:

Phone:

Email:
