

# San Francisco/Bay Area LifeRing Meetings

5/18/2018

For additions or changes, please contact the LifeRing Service Center at 1-800-811-4142 or [service@lifering.org](mailto:service@lifering.org)

LifeRing SF Face-to-Face Meetings, Sorted by County

## County: Alameda

### Livermore

**Monday 6:00pm**

**Unitarian Universalist Church**

92

*Address:* 1893 N.Vasco Rd., Livermore, CA 94551

*Building/Room:*

*Focus:* How Was Your Week?

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Geoffrey L.

*Phone:* 415-845-3799

*Email:* [geoff.lane.phd@gmail.com](mailto:geoff.lane.phd@gmail.com)

*Contact:*

*Phone:*

*Email:*

### Union City

**Monday 7:00pm**

**Kaiser Medical Building**

166

*Address:* 3551 Whipple Rd., Union City, CA 94587

*Building/Room:* Building B, 3rd Floor, Rooms A & B

*Focus:* How Was Your Week?

*Note:* Does not meet if Kaiser is closed.

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Chris H.

*Phone:*

*Email:* [cshappraisals@gmail.com](mailto:cshappraisals@gmail.com)

*Contact:*

*Phone:*

*Email:*

### Berkeley

**Monday 8:00pm**

**Herrick Hospital**

28

*Address:* 2001 Dwight Way, Berkeley, CA 94704

*Building/Room:* Basement Level A

*Focus:* How Was Your Week?

*Note:* Follow signs

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Bill C.

*Phone:* 510.548.9111

*Email:* [andreegraham@yahoo.com](mailto:andreegraham@yahoo.com)

*Contact:*

*Phone:*

*Email:*

### San Leandro

**Tuesday 6:15pm**

**Kaiser Hospital**

75

*Address:* 2500 Merced St., San Leandro, CA 94577

*Building/Room:* Room A-13, first floor

*Focus:* How Was Your Week?

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Craig O.

*Phone:* 510-517-3345

*Email:* [bigox54@sbcglobal.net](mailto:bigox54@sbcglobal.net)

*Contact:*

*Phone:*

*Email:*

### Oakland

**Tuesday 6:45pm**

**Kaiser CDRP**

23

*Address:* 969 Broadway, Oakland, CA 94607

*Building/Room:* Group Room 3

*Focus:* How Was Your Week?

*Note:* Does not meet if Kaiser is closed

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* D. Woodsum

*Phone:*

*Email:* [woodsumconstructioninc@gmail.com](mailto:woodsumconstructioninc@gmail.com)

*Contact:*

*Phone:*

*Email:*

<b>Oakland</b>	<b>Tuesday 8:30pm</b>	<b>MPI</b>	119
<i>Address:</i> 3100 Summit St., Oakland, CA 94609			
<i>Building/Room:</i> 5th Floor, Rm 4			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Liisa P.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:liisapine@gmail.com">liisapine@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>Alameda</b>	<b>Wednesday 6:30pm</b>	<b>Home of Truth Spiritual Center</b>	241
<i>Address:</i> 1300 Grand St, Alameda, CA 94501			
<i>Building/Room:</i> Upstairs			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Gary B	<i>Phone:</i> no phone number	<i>Email:</i> <a href="mailto:lfrngary@gmail.com">lfrngary@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>Hayward</b>	<b>Thursday 12:30pm</b>	<b>Aldon Oliver Sports Park</b>	151
<i>Address:</i> 2580 Eden Park Pl, Hayward, CA 94587			
<i>Building/Room:</i> park benches by the ticket office near the main parking lot			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Greg S.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:starke49@pacbell.net">starke49@pacbell.net</a>	
<i>Contact:</i> Jacqueline R.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:jaykr@att.net">jaykr@att.net</a>	
<b>Oakland</b>	<b>Thursday 6:45pm</b>	<b>Kaiser CDRP</b>	104
<i>Address:</i> 969 Broadway, Oakland, CA 94607			
<i>Building/Room:</i> Group Room 9			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Does not meet if Kaiser is closed			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Marilyn K.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:service@lifering.org">service@lifering.org</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>Berkeley</b>	<b>Thursday 7:30pm</b>	<b>Herrick Hospital</b>	129
<i>Address:</i> 2001 Dwight Way, Berkeley, CA 94704			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Paul A.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:eastbay.pda@gmail.com">eastbay.pda@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	

<b>Union City</b>	<b>Friday 6:00pm</b>	<b>Kaiser Medical Building</b>	212
<i>Address:</i> 3551 Whipple Rd, Union City, CA 94587			
<i>Building/Room:</i> Building B, Third Floor, Room 3D or Room 3C			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Does not meet if Kaiser is closed			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Tim B.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:timothybliss@comcast.net">timothybliss@comcast.net</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>Oakland</b>	<b>Saturday 10:00am</b>	<b>Kaiser CDRP</b>	82
<i>Address:</i> 969 Broadway, Oakland, CA 94607			
<i>Building/Room:</i> Group Room 7			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Does not meet if Kaiser is closed			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Patrick K	<i>Phone:</i>	<i>Email:</i> <a href="mailto:me@patrickkelleher.me">me@patrickkelleher.me</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>Dublin</b>	<b>Saturday 11:00am</b>	<b>John Knox Presbyterian Church</b>	199
<i>Address:</i> 7421 Amarillo Rd., Dublin, CA 94568			
<i>Building/Room:</i> Look for signs			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google Map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Dru B.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:dru.boyd@yahoo.com">dru.boyd@yahoo.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>Hayward</b>	<b>Saturday 5:00pm</b>	<b>New Bridges Outreach Center</b>	64
<i>Address:</i> 27287 Patrick Ave, Hayward, CA 94544			
<i>Building/Room:</i> 2nd Floor			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Chris H.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:cshappraisals@gmail.com">cshappraisals@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>San Leandro</b>	<b>Saturday 9:30am</b>	<b>All Saint's Episcopal Church</b>	250
<i>Address:</i> 911 Dowling Boulevard, San Leandro, CA 94577			
<i>Building/Room:</i> Fireside Room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> John O	<i>Phone:</i> (510) 357-5273	<i>Email:</i> <a href="mailto:maddogclc@gmail.com">maddogclc@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	

---

LifeRing SF Face-to-Face Meetings, Sorted by County

---

**Oakland**                                      **Sunday 11:00am**                                      **Kaiser Hospital**                                      156

*Address:* 3600 Broadway, Oakland, CA 94611

*Building/Room:* Room at (lower lever) LL HH-2

*Focus:* How Was Your Week?

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* John A.

*Phone:*

*Email:* [jra8300@sbcglobal.net](mailto:jra8300@sbcglobal.net)

*Contact:*

*Phone:*

*Email:*

---

**Hayward**                                      **Sunday 5:00pm**                                      **New Bridges Outreach Center**                                      446

*Address:* 27287 Patrick Ave, Hayward, CA 94544

*Building/Room:* 2nd Floor

*Focus:* How Was Your Week?

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Don S

*Phone:* 510-331-5629

*Email:* [arthurdonaldsalazar53@gmail.com](mailto:arthurdonaldsalazar53@gmail.com)

*Contact:*

*Phone:*

*Email:*

---

**County: Contra Costa**

---

**Antioch**                                      **Monday 11:00am**                                      **Kaiser CDRP**                                      330

*Address:* 3454 Hillcrest Ave., Antioch, CA 94531

*Building/Room:* Rm 2A

*Focus:* How Was Your Week?

*Note:* Does not meet if Kaiser is closed

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Bob D.

*Phone:* 925.301.3277

*Email:* [bob00driskell@gmail.com](mailto:bob00driskell@gmail.com)

*Contact:*

*Phone:*

*Email:*

---

**Walnut Creek**                                      **Tuesday 7:30pm**                                      **Kaiser Medical Center**                                      160

*Address:* 1425 S. Main St, Walnut Creek, CA 94596

*Building/Room:* MAPLE CONFERENCE ROOM

*Focus:* How Was Your Week?

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Rick M.

*Phone:*

*Email:* [mcpeakrs@comcast.net](mailto:mcpeakrs@comcast.net)

*Contact:*

*Phone:*

*Email:*

---

**Walnut Creek**                                      **Wednesday 12:15pm**                                      **Kaiser Medical Center**                                      329

*Address:* 710 South Broadway, Walnut Creek, CA 94596

*Building/Room:* Room 3-C

*Focus:* How Was Your Week?

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Laura M

*Phone:* 925.699.5566

*Email:* [mosleyldance@yahoo.com](mailto:mosleyldance@yahoo.com)

*Contact:*

*Phone:*

*Email:*

---

**Martinez** **Wednesday 7:00pm** **Veteran's Hospital** 251

*Address:* 150 Muir Road, Martinez, CA 94553

*Building/Room:* conf. rm in Bldg 20

*Focus:* How Was Your Week?

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Dennis M

*Phone:* 925.768.0049

*Email:* [d5n@aol.com](mailto:d5n@aol.com)

*Contact:*

*Phone:*

*Email:*

**Concord** **Thursday 7:00pm** **Center for Recovery** 264

*Address:* 2740 Grant Street, Concord, CA 94520

*Building/Room:* Medical Pavilion, Suit 3

*Focus:* How Was Your Week?

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Kathy L

*Phone:* 925-256-1850

*Email:* [kthrn\\_lennon@yahoo.com](mailto:kthrn_lennon@yahoo.com)

*Contact:*

*Phone:*

*Email:*

**Walnut Creek** **Thursday 7:30pm** **Mt. Diablo UU Church** 198

*Address:* 55 Eckley Lane, Walnut Creek, CA 94596

*Building/Room:* Oak Room

*Focus:* How Was Your Week?

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Arnold P.

*Phone:*

*Email:* [arnoldpustilnik@yahoo.com](mailto:arnoldpustilnik@yahoo.com)

*Contact:*

*Phone:*

*Email:*

**Walnut Creek** **Friday 12:15pm** **Kaiser Medical Center** 399

*Address:* 710 South Broadway, Walnut Creek, CA 94596

*Building/Room:* Room 3-E

*Focus:* How Was Your Week?

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Laura M.

*Phone:* 925.699.5566

*Email:* [mosleyldance@yahoo.com](mailto:mosleyldance@yahoo.com)

*Contact:*

*Phone:*

*Email:*

**County: Marin**

**San Rafael** **Monday 7:30pm** **Bayside Marin** 172

*Address:* 718 4th St., San Rafael, CA 94901

*Building/Room:* Meeting Room

*Focus:* How Was Your Week?

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Bryan C.

*Phone:* 415.450.5376

*Email:* [bcca@chevron.com](mailto:bcca@chevron.com)

*Contact:*

*Phone:*

*Email:*

**San Rafael** **Wednesday 6:15pm** **San Rafael Kaiser CDU** 134*Address:* 111 Smith Ranch Rd., San Rafael, CA 94903*Building/Room:* Yosemite Room*Focus:* How Was Your Week?*Note:* Look for sign*Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://liferingsf.org/>*Contact:* Steve B.*Phone:* (415) 320-2181*Email:* [sberkley@me.com](mailto:sberkley@me.com)*Contact:**Phone:**Email:***Mill Valley** **Thursday 6:15pm** **Recovery Without Walls** 162*Address:* 3 Madrona Street, Mill Valley, CA 94941*Building/Room:**Focus:* How Was Your Week?*Note:* Corner of Madrona Street @ Throckmorton Ave*Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://liferingsf.org/>*Contact:* Coby S.*Phone:* 415-747-5709*Email:* [cobysmolens@gmail.com](mailto:cobysmolens@gmail.com)*Contact:**Phone:**Email:***San Rafael** **Friday 6:30pm** **San Rafael Kaiser CDU** 315*Address:* 111 Smith Ranch Rd., San Rafael, CA 94903*Building/Room:* Yosemite Room*Focus:* How Was Your Week?*Note:* Look for sign*Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://liferingsf.org/>*Contact:* Coby S.*Phone:* 415-747-5709*Email:* [cobysmolens@gmail.com](mailto:cobysmolens@gmail.com)*Contact:**Phone:**Email:***County: San Francisco****San Francisco** **Monday 7:15pm** **Kaiser CDRP** 70*Address:* 1201 Fillmore St, San Francisco, CA 94115*Building/Room:* Room 5*Focus:* How Was Your Week?*Note:* We do not meet on holidays*Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://liferingsf.org/>*Contact:* Jim V.*Phone:* 415.515.0321*Email:* [jimvanover@sbcglobal.net](mailto:jimvanover@sbcglobal.net)*Contact:**Phone:**Email:***San Francisco** **Tuesday 1:00pm** **Kaiser CDRP** 90*Address:* 1201 Fillmore St., San Francisco, CA 94115*Building/Room:* Room 8*Focus:* How Was Your Week?*Note:* We do not meet on holidays*Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://liferingsf.org/>*Contact:* Jim V.*Phone:* 415.515.0321*Email:* [jimvanover@sbcglobal.net](mailto:jimvanover@sbcglobal.net)*Contact:**Phone:**Email:*

**San Francisco** **Wednesday 12:15pm** **SF VAMC** 339*Address:* 4150 Clement St, San Francisco, CA 94121*Building/Room:* Bldg 203, Rm GA-48*Focus:* How Was Your Week?*Note:* Open to military, active or retired only*Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://liferingsf.org/>*Contact:* Tonisa C.*Phone:* 806.290.1293*Email:* [tcclardy2002@gmail.com](mailto:tcclardy2002@gmail.com)*Contact:**Phone:**Email:***San Francisco** **Friday 6:00pm** **Women's Building** 372*Address:* 3543 18th St, San Francisco, CA 94110*Building/Room:* Room B*Focus:* Workbook Meeting*Note:* between Valencia and Guerrero*Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://liferingsf.org/>*Contact:* David H.*Phone:* (415) 651-4558*Email:* [davidh.lifering@gmail.com](mailto:davidh.lifering@gmail.com)*Contact:**Phone:**Email:***San Francisco** **Saturday 10:00am** **San Francisco LGBT Community Center** 207*Address:* 1800 Market Street, San Francisco, CA 94102*Building/Room:* Room 203, 2nd Floor*Focus:* How Was Your Week?*Note:**Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://liferingsf.org/>*Contact:* Monica F*Phone:**Email:* [monica@pacetua.com](mailto:monica@pacetua.com)*Contact:**Phone:**Email:***San Francisco** **Sunday 10:00am** **Sessions (the former Alano Club)** 331*Address:* 1748 Market St., Ste 202, San Francisco, CA 94102*Building/Room:* Room 1*Focus:* How Was Your Week?*Note:**Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://liferingsf.org/>*Contact:**Phone:**Email:**Contact:**Phone:**Email:***County: San Mateo****Burlingame** **Monday 7:00pm** **Mills-Peninsula Hospital** 85*Address:* 1501 Trousdale Dr., Burlingame, CA 94010*Building/Room:* Bldg B, 1st floor, Rm D*Focus:* How Was Your Week?*Note:**Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://liferingsf.org/>*Contact:* Mary Beth*Phone:**Email:* [marybeth@lifering.org](mailto:marybeth@lifering.org)*Contact:**Phone:**Email:*

**Pacifica** **Wednesday 6:00pm** **Pacifica Resource Center** 4

*Address:* 1809 Palmetto Ave., Pacifica, CA 94044

*Building/Room:*

*Focus:* How Was Your Week?

*Note:* Closed on the major holidays

*Map:* [Click here for a Google Map](#) *Local LifeRing Website:* <https://twitter.com/lifering94044>

*Contact:* Corrinne E. *Phone:* *Email:* [liferingcorrinnepacifica@gmail.com](mailto:liferingcorrinnepacifica@gmail.com)

*Contact:* *Phone:* *Email:*

---

**San Bruno** **Thursday 12:00pm** **San Bruno VA Clinic** 328

*Address:* 1001 Sneath Lane, San Bruno, CA 94066

*Building/Room:* V.A. Clinic, 3rd Floor

*Focus:* How Was Your Week?

*Note:* 1 hour meeting

*Map:* [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Edward G. *Phone:* 415-468-4814 *Email:* [emg1946@comcast.net](mailto:emg1946@comcast.net)

*Contact:* *Phone:* *Email:*

---

**San Mateo** **Saturday 12:00pm** **Mills Peninsula Health Services** 232

*Address:* 100 S. San Mateo Dr, San Mateo, CA 94401

*Building/Room:* 4th floor Millennium Room

*Focus:* How Was Your Week?

*Note:*

*Map:* [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Betsy Y. *Phone:* 650.576.9316 *Email:* [betsyyawn@aol.com](mailto:betsyyawn@aol.com)

*Contact:* *Phone:* *Email:*

---

**County: Santa Clara**

**San Jose** **Monday 7:30pm** **Kaiser** 214

*Address:* 5755 Cottle Rd., San Jose, CA 95123

*Building/Room:* Building #23, Room #3

*Focus:* How Was Your Week with introduction to LifeRing included

*Note:*

*Map:* [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Rob A. *Phone:* 831-212-0297 *Email:* [liferingsj@gmail.com](mailto:liferingsj@gmail.com)

*Contact:* *Phone:* *Email:*

---

**San Jose** **Tuesday 7:30pm** **Humanist House** 179

*Address:* 1180 Coleman Ave, San Jose, CA 95110

*Building/Room:*

*Focus:* How Was Your Week?

*Note:*

*Map:* [Click here for a Google map](#) *Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Byron K. *Phone:* 925-922-3553 *Email:* [byron@lifering.org](mailto:byron@lifering.org)

*Contact:* *Phone:* *Email:*

---



<b>San Jose</b>	<b>Friday 7:30pm</b>	<b>Christ the Good Shepherd Church</b>	72
<i>Address:</i> 1550 Meridian Ave., San Jose, CA 95125			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Byron K.	<i>Phone:</i> 925-922-3553	<i>Email:</i> <a href="mailto:byron@lifering.org">byron@lifering.org</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	

**County: Solano**

<b>Vacaville</b>	<b>Monday 7:00pm</b>	<b>Kaiser Hospital</b>	358
<i>Address:</i> 1 Quality Dr, Vacaville, CA 95688			
<i>Building/Room:</i> Bldg A, 1st Floor			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> behind Peets Coffee			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Darlene B.	<i>Phone:</i> 707.392-8056	<i>Email:</i> <a href="mailto:lvacaville@gmail.com">lvacaville@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	

<b>Vallejo</b>	<b>Tuesday 12:00pm</b>	<b>Kaiser CDRP</b>	110
<i>Address:</i> 800 Sereno Dr., Vallejo, CA 94589			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Sign @ check-in desk			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Darren M.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:dginam@aol.com">dginam@aol.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	

<b>Benicia</b>	<b>Tuesday 7:00pm</b>	<b>First Baptist Church of Benicia</b>	289
<i>Address:</i> 1055 Southampton Rd, Benicia, CA 94510			
<i>Building/Room:</i> Meeting Room D			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Look for sign			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> George K.	<i>Phone:</i> 805-220-8328	<i>Email:</i> <a href="mailto:denkst@gmail.com">denkst@gmail.com</a>	
<i>Contact:</i> Greg C.	<i>Phone:</i> 707-771-0490	<i>Email:</i> <a href="mailto:gscox@pacbell.net">gscox@pacbell.net</a>	

<b>Vacaville</b>	<b>Thursday 7:00pm</b>	<b>Kaiser Hospital</b>	293
<i>Address:</i> 1 Quality Dr, Vacaville, CA 95688			
<i>Building/Room:</i> Bldg A, 1st Floor			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> behind Peets Coffee			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Brian P.	<i>Phone:</i> 707.689.8036	<i>Email:</i> <a href="mailto:lvacaville@gmail.com">lvacaville@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	

**Vallejo**

**Friday 12:00pm**

**Kaiser CDRP**

127

*Address:* 800 Sereno Dr., Vallejo, CA 94589

*Building/Room:*

*Focus:* How Was Your Week?

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Terry H.

*Phone:*

*Email:* [terryghill@att.net](mailto:terryghill@att.net)

*Contact:*

*Phone:*

*Email:*

---