

United States LifeRing Meetings

4/4/2018

For additions or changes, please contact the LifeRing Service Center at 1-800-811-4142 or service@lifering.org

LifeRing United States Face-to-Face Meetings

State: CA

Antioch	Monday 11:00am	Kaiser CDRP	330
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Address: 3454 Hillcrest Ave., Antioch, CA 94531

Building/Room: Rm 2A

Focus: How Was Your Week?

Note: Does not meet if Kaiser is closed

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Bob D.

Phone: 925.301.3277

Email: bob00driskell@gmail.com

Contact:

Phone:

Email:

Livermore	Monday 6:00pm	Unitarian Universalist Church	92
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Address: 1893 N.Vasco Rd., Livermore, CA 94551

Building/Room:

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Geoffrey L.

Phone: 415-845-3799

Email: geoff.lane.phd@gmail.com

Contact:

Phone:

Email:

Burlingame	Monday 7:00pm	Mills-Peninsula Hospital	85
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Address: 1501 Trousdale Dr., Burlingame, CA 94010

Building/Room: Bldg B, 1st floor, Rm D

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Christine G.

Phone:

Email: christinegamba@live.com

Contact:

Phone:

Email:

Union City	Monday 7:00pm	Kaiser Medical Building	166
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Address: 3551 Whipple Rd., Union City, CA 94587

Building/Room: Building B, 3rd Floor, Rooms A & B

Focus: How Was Your Week?

Note: Does not meet if Kaiser is closed.

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Chris H.

Phone:

Email: cshappraisals@gmail.com

Contact:

Phone:

Email:

Vacaville	Monday 7:00pm	Kaiser Hospital	358
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Address: 1 Quality Dr, Vacaville, CA 95688

Building/Room: Bldg A, 1st Floor

Focus: How Was Your Week?

Note: behind Peets Coffee

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Darlene B.

Phone: 707.392-8056

Email: lrvacaville@gmail.com

Contact:

Phone:

Email:

San Francisco	Monday 7:15pm	Kaiser CDRP	70
<i>Address:</i> 1201 Fillmore St, San Francisco, CA 94115			
<i>Building/Room:</i> Room 5			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> We do not meet on holidays			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Jim V.	<i>Phone:</i> 415.515.0321	<i>Email:</i> jimvanover@sbcglobal.net	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
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San Jose	Monday 7:30pm	Kaiser	214
<i>Address:</i> 5755 Cottle Rd., San Jose, CA 95123			
<i>Building/Room:</i> Building #23, Room #3			
<i>Focus:</i> How Was Your Week with introduction to LifeRing included			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Byron K.	<i>Phone:</i> 925-922-3553	<i>Email:</i> byron@lifering.org	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
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San Rafael	Monday 7:30pm	Bayside Marin	172
<i>Address:</i> 718 4th St., San Rafael, CA 94901			
<i>Building/Room:</i> Meeting Room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Bryan C.	<i>Phone:</i> 415.450.5376	<i>Email:</i> bcca@chevron.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
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Berkeley	Monday 8:00pm	Herrick Hospital	28
<i>Address:</i> 2001 Dwight Way, Berkeley, CA 94704			
<i>Building/Room:</i> Basement Level A			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Follow signs			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Bill C.	<i>Phone:</i> 510.548.9111	<i>Email:</i> andreegraham@yahoo.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
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San Francisco	Tuesday 1:00pm	Kaiser CDRP	90
<i>Address:</i> 1201 Fillmore St., San Francisco, CA 94115			
<i>Building/Room:</i> Room 8			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> We do not meet on holidays			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Jim V.	<i>Phone:</i> 415.515.0321	<i>Email:</i> jimvanover@sbcglobal.net	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
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Vallejo	Tuesday 12:00pm	Kaiser CDRP	110
<i>Address:</i> 800 Sereno Dr., Vallejo, CA 94589			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Sign @ check-in desk			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Darren M.	<i>Phone:</i>	<i>Email:</i> dginam@aol.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
San Leandro	Tuesday 6:15pm	Kaiser Hosptial	75
<i>Address:</i> 2500 Merced St., San Leandro, CA 94577			
<i>Building/Room:</i> Room A-13, first floor			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Craig O.	<i>Phone:</i> 510-517-3345	<i>Email:</i> bigox54@sbcglobal.net	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Oakland	Tuesday 6:45pm	Kaiser CDRP	23
<i>Address:</i> 969 Broadway, Oakland, CA 94607			
<i>Building/Room:</i> Group Room 3			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Does not meet if Kaiser is closed			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> D. Woodsum	<i>Phone:</i>	<i>Email:</i> woodsumconstructioninc@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Benicia	Tuesday 7:00pm	First Baptist Church of Benicia	289
<i>Address:</i> 1055 Southampton Rd, Benicia, CA 94510			
<i>Building/Room:</i> Meeting Room D			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Look for sign			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> George K.	<i>Phone:</i> 707-771-0490	<i>Email:</i> denkst@gmail.com	
<i>Contact:</i> Greg C.	<i>Phone:</i>	<i>Email:</i> gsc Cox@pacbell.net	
San Jose	Tuesday 7:30pm	Humanist House	179
<i>Address:</i> 1180 Coleman Ave, San Jose, CA 95110			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Byron K.	<i>Phone:</i> 925-922-3553	<i>Email:</i> byron@lifering.org	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	

Walnut Creek	Tuesday 7:30pm	Kaiser Medical Center	160
<i>Address:</i> 1425 S. Main St, Walnut Creek, CA 94596			
<i>Building/Room:</i> MAPLE CONFERENCE ROOM			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Rick M.	<i>Phone:</i>	<i>Email:</i> mcpeakrs@comcast.net	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Oakland	Tuesday 8:30pm	MPI	119
<i>Address:</i> 3100 Summit St., Oakland, CA 94609			
<i>Building/Room:</i> 5th Floor, Rm 4			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Liisa P.	<i>Phone:</i>	<i>Email:</i> liisapine@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
San Francisco	Wednesday 12:15pm	SF VAMC	339
<i>Address:</i> 4150 Clement St, San Francisco, CA 94121			
<i>Building/Room:</i> Bldg 203, Rm GA-48			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Open to military, active or retired only			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Tonisa C.	<i>Phone:</i> 806.290.1293	<i>Email:</i> tclardy2002@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Walnut Creek	Wednesday 12:15pm	Kaiser Medical Center	329
<i>Address:</i> 710 South Broadway, Walnut Creek, CA 94596			
<i>Building/Room:</i> Room 3-C			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Laura M	<i>Phone:</i> 925.699.5566	<i>Email:</i> mosleydance@yahoo.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Pacifica	Wednesday 6:00pm	Pacifica Resource Center	4
<i>Address:</i> 1809 Palmetto Ave., Pacifica, CA 94044			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Closed on the major holidays			
<i>Map:</i> Click here for a Google Map		<i>Local LifeRing Website:</i> https://twitter.com/lifering94044	
<i>Contact:</i> Corrinne E.	<i>Phone:</i>	<i>Email:</i> liferingcorrinnepacifica@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	

San Rafael	Wednesday 6:15pm	San Rafael Kaiser CDU	134
<i>Address:</i> 111 Smith Ranch Rd., San Rafael, CA 94903			
<i>Building/Room:</i> Yosemite Room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Look for sign			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Steve B.	<i>Phone:</i> (415) 320-2181	<i>Email:</i> sberkley@me.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Alameda	Wednesday 6:30pm	Home of Truth Spiritual Center	241
<i>Address:</i> 1300 Grand St, Alameda, CA 94501			
<i>Building/Room:</i> Upstairs			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Gary B	<i>Phone:</i> no phone number	<i>Email:</i> lfrngary@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Martinez	Wednesday 7:00pm	Veteran's Hospital	251
<i>Address:</i> 150 Muir Road, Martinez, CA 94553			
<i>Building/Room:</i> conf. rm in Bldg 20			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Dennis M	<i>Phone:</i> 925.768.0049	<i>Email:</i> d5n@aol.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
San Bruno	Thursday 12:00pm	San Bruno VA Clinic	328
<i>Address:</i> 1001 Sneath Lane, San Bruno, CA 94066			
<i>Building/Room:</i> V.A. Clinic, 3rd Floor			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> 1 hour meeting			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Edward G.	<i>Phone:</i> 415-468-4814	<i>Email:</i> emg1946@comcast.net	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Hayward	Thursday 12:30pm	Aldon Oliver Sports Park	151
<i>Address:</i> 2580 Eden Park Pl, Hayward, CA 94587			
<i>Building/Room:</i> park benches by the ticket office near the main parking lot			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Greg S.	<i>Phone:</i>	<i>Email:</i> starke49@pacbell.net	
<i>Contact:</i> Jacqueline R.	<i>Phone:</i>	<i>Email:</i> jaykr@att.net	

Mill Valley	Thursday 6:15pm	Recovery Without Walls	162
<i>Address:</i> 3 Madrona Street, Mill Valley, CA 94941			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Corner of Madrona Street @ Throckmorton Ave			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Coby S.	<i>Phone:</i> 415-747-5709	<i>Email:</i> cobysmolens@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
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Oakland	Thursday 6:45pm	Kaiser CDRP	104
<i>Address:</i> 969 Broadway, Oakland, CA 94607			
<i>Building/Room:</i> Group Room 9			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Does not meet if Kaiser is closed			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Marilyn K.	<i>Phone:</i>	<i>Email:</i> service@lifering.org	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
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Concord	Thursday 7:00pm	Center for Recovery	264
<i>Address:</i> 2740 Grant Street, Concord, CA 94520			
<i>Building/Room:</i> Medical Pavilion, Suit 3			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Kathy L	<i>Phone:</i> 925-256-1850	<i>Email:</i> kthrn_lennon@yahoo.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
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Vacaville	Thursday 7:00pm	Kaiser Hospital	293
<i>Address:</i> 1 Quality Dr, Vacaville, CA 95688			
<i>Building/Room:</i> Bldg A, 1st Floor			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> behind Peets Coffee			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Brian P.	<i>Phone:</i> 707.689.8036	<i>Email:</i> lrvacaville@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
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Berkeley	Thursday 7:30pm	Herrick Hospital	129
<i>Address:</i> 2001 Dwight Way, Berkeley, CA 94704			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Paul A.	<i>Phone:</i>	<i>Email:</i> eastbay.pda@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
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Walnut Creek	Thursday 7:30pm	Mt. Diablo UU Church	198
<i>Address:</i> 55 Eckley Lane, Walnut Creek, CA 94596			
<i>Building/Room:</i> Oak Room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Arnold P.	<i>Phone:</i>	<i>Email:</i> arnoldpustilnik@yahoo.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
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Vallejo	Friday 12:00pm	Kaiser CDRP	127
<i>Address:</i> 800 Sereno Dr., Vallejo, CA 94589			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Terry H.	<i>Phone:</i>	<i>Email:</i> terryghill@att.net	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
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Walnut Creek	Friday 12:15pm	Kaiser Medical Center	399
<i>Address:</i> 710 South Broadway, Walnut Creek, CA 94596			
<i>Building/Room:</i> Room 3-E			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Laura M.	<i>Phone:</i> 925.699.5566	<i>Email:</i> mosleyldance@yahoo.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
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San Francisco	Friday 6:00pm	Women's Building	372
<i>Address:</i> 3543 18th St, San Francisco, CA 94110			
<i>Building/Room:</i> Room B			
<i>Focus:</i> Workbook Meeting			
<i>Note:</i> between Valencia and Guerrero			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> David H.	<i>Phone:</i> (415) 651-4558	<i>Email:</i> davidh.lifering@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
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Union City	Friday 6:00pm	Kaiser Medical Building	212
<i>Address:</i> 3551 Whipple Rd, Union City, CA 94587			
<i>Building/Room:</i> Building B, Third Floor, Room 3D or Room 3C			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Does not meet if Kaiser is closed			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Tim B.	<i>Phone:</i>	<i>Email:</i> timothybliss@comcast.net	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
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San Rafael	Friday 6:30pm	San Rafael Kaiser CDU	315
<i>Address:</i> 111 Smith Ranch Rd., San Rafael, CA 94903			
<i>Building/Room:</i> Yosemite Room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Look for sign			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Coby S.	<i>Phone:</i> 415-747-5709	<i>Email:</i> cobysmolens@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
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San Jose	Friday 7:30pm	Christ the Good Shepherd Church	72
<i>Address:</i> 1550 Meridian Ave., San Jose, CA 95125			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Byron K.	<i>Phone:</i> 925-922-3553	<i>Email:</i> byron@lifering.org	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
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Oakland	Saturday 10:00am	Kaiser CDRP	82
<i>Address:</i> 969 Broadway, Oakland, CA 94607			
<i>Building/Room:</i> Group Room 7			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Does not meet if Kaiser is closed			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Patrick K	<i>Phone:</i>	<i>Email:</i> me@patrickkelleher.me	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
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San Francisco	Saturday 10:00am	San Francisco LGBT Community Center	207
<i>Address:</i> 1800 Market Street, San Francisco, CA 94102			
<i>Building/Room:</i> Room 203, 2nd Floor			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Monica F	<i>Phone:</i>	<i>Email:</i> monica@pacetua.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
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Dublin	Saturday 11:00am	John Knox Presbyterian Church	199
<i>Address:</i> 7421 Amarillo Rd., Dublin, CA 94568			
<i>Building/Room:</i> Look for signs			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google Map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Dru B.	<i>Phone:</i>	<i>Email:</i> dru.boyd@yahoo.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
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San Mateo	Saturday 12:00pm	Mills Peninsula Health Services	232
<i>Address:</i> 100 S. San Mateo Dr, San Mateo, CA 94401			
<i>Building/Room:</i> 4th floor Millennium Room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Betsy Y.	<i>Phone:</i> 650.576.9316	<i>Email:</i> betsyyawn@aol.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Hayward	Saturday 5:00pm	New Bridges Outreach Center	64
<i>Address:</i> 27287 Patrick Ave, Hayward, CA 94544			
<i>Building/Room:</i> 2nd Floor			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Chris H.	<i>Phone:</i>	<i>Email:</i> cshappraisals@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
San Leandro	Saturday 9:30am	All Saint's Episcopal Church	250
<i>Address:</i> 911 Dowling Boulevard, San Leandro, CA 94577			
<i>Building/Room:</i> Fireside Room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> John O	<i>Phone:</i> (510) 357-5273	<i>Email:</i> lsrsanleandro@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
San Francisco	Sunday 10:00am	Sessions (the former Alano Club)	331
<i>Address:</i> 1748 Market St., Ste 202, San Francisco, CA 94102			
<i>Building/Room:</i> Room 1			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Oakland	Sunday 11:00am	Kaiser Hospital	156
<i>Address:</i> 3600 Broadway, Oakland, CA 94611			
<i>Building/Room:</i> Room at (lower lever) LL HH-2			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> John A.	<i>Phone:</i>	<i>Email:</i> jra8300@sbcglobal.net	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	

Hayward

Sunday 5:00pm

New Bridges Outreach Center

446

Address: 27287 Patrick Ave, Hayward, CA 94544

Building/Room: 2nd Floor

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Don S

Phone: 510-331-5629

Email: arthurdonaldsalazar53@gmail.com

Contact:

Phone:

Email:
